

The Belle Vue Broadcast

EST AUGUST 2015

HAVERFORDWEST'S PREMIER RESTAURANT

ISSUE 5



FOR STARTERS

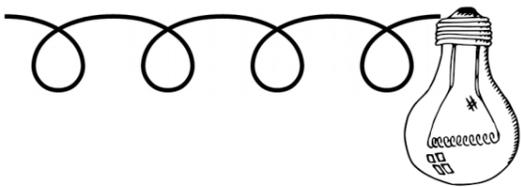
Soup of the day 5.50

Sliced baby beetroot
with horseradish sorbet 6

Spicy meat on lettuce Thai meat salad,
known as laab 6

Coquilles St. Jacques classic French
dish mde with scallops 7.50

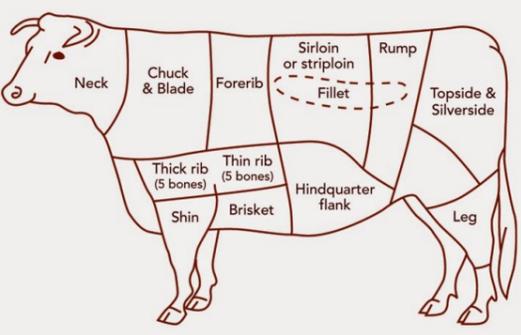
Baked Camembert
studded with rosemary &
garlic, dotted with chutney,
caramelised walnuts, &
pomegranate 6.50



FROM THE GRILL

All our steaks, in fact most of our meat, comes from Ken Davies butchers in Crymych. This family run business prides itself on sourcing produce within a 20 mile radius.

- Rump steak 15.50
 - Rib eye steak 16.50
 - Fillet steak 18.50
- Served with salsa verde, hollandaise sauce, or bloody mary butter



Call 01437 700800 to book your next visit

MAIN HEADLINES

DUCKS QUACKS DO ECHO

A study at the university of Salford (with the help of Daisy the duck) has helped put this urban myth to rest. Furthermore you may not be surprised to learn that quacking comes from hens. Drakes can whistle, growl, purr, squeak, or be totally silent. Who knew ducks had so much in common with humans?

Pan-fried duck breast
With caramelised pear, and perry sauce 16

Record breaking catch

off the coast of Milford



David Thomas caught the 19st shark, which is believed to be the biggest of it's kind ever to be caught in Welsh waters. And there are plenty more lurking beneath our waves. In fact a few of the shark's smaller cousins are finding their way onto plates at Belle Vue Brasserie

Please see the specials board for our daily selection of fresh fish

If you have any dietary requirements, allergies, or food dislikes please always inform a member of staff who will be happy to discuss your options. We do not list every ingredient on the menu. Thank you

BECOMING VEGETARIAN COULD MAKE YOU BETTER AT YOUR JOB

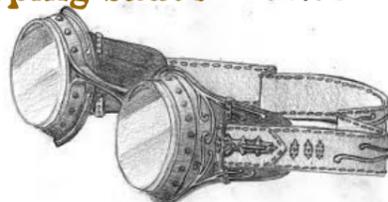
According to the nutritional journal, going veggie can improve your mood. Furthermore, ever wanted to be the person in the office who brings in all the best food and introduces co-workers to awesome recipes? Well this is likely to happen if you become vegetarian! Following this diet is likely to increase energy levels too so overall a happier, higher performing employee with great lunches!

Beetroot Burger
On stone baked roll with garlic mayo; sweet potato rosti; and tomato, red onion and avocado salsa 13.50

FRIED CHICKEN IS NEW KING OF FAST FOOD

Chicken has officially eclipsed the burger sector. As the new firm favourite in the industry, fried chicken is popping up on more and more menus. We love it at Belle Vue Brasserie because it reminds us of "chicken in a basket" of 1970's fame. Fast-forward 40 years and Chicken2Me is the first app, for ravenous punters, based solely around fried chicken and is described as "Uber for the hungry".

Belle Vue special recipe fried chicken with garlic mayo & beery honey mustard dipping sauce 13.50



HEADLINES CONTINUED

If that's not enough to whet your appetite we have these other options

Bobotie pronounced ba-boor-tea the national dish of South Africa is a delicious mixture of curried mutton, sultanas, & mango chutney with a golden creamy egg topping 15

Lamb Rump en-croute
Wrapped in puff pastry, with sage, served with a rich mint gravy 16

Pomegranate-braised pork belly
combined with cinnamon, lemon, honey, and all spice 14.50

JUICY GOSSIP

All of our meals are served with freshly baked, flower pot bread for everyone to share. Ask your server for today's flavour.

In addition, main meals are served with a daily, varied offering of:

Chips
Another kind of spud
Salad
Vegetables

These accompaniments will be served family style to create, what we call a "pass me" dinner. We accept no responsibility, however, if certain members of your party refuse to pass you food. This is because we encourage gluttony, plate-licking and eating with one's hands. Cheers!